



SHABBAT FAMILY RESOURCES



When done well, Shabbat can be your children's favourite day of the week and a wonderful time that the entire family anticipates with excitement all week long. To help you do this, we collected these great resources for you to enjoy!

The Modern Jewish Mom's Guide to Shabbat

Meredith L. Jacobs (Harper). This is an accessible guide to connecting as a family through the celebration of Shabbat dinner--especially good for beginners.



Early Childhood Education Shabbat Resources

<http://urj.org/learning/teacheducate/childhood/shabbat/>
Listen to audio of the Shabbat blessings, and download "Got Shabbat," a weekly publication to guide parents and children to celebrate Shabbat together.



Family Shabbat Table Talk

<http://urj.org/holidays/shabbat/intro/>
Based on the Torah portion, these web-archived sheets include tips on how to have a family discussion with young children.



The Jewish Parent Page

<http://urj.org/learning/forparents/parent/>
A wonderful resource filled with creative Jewish holiday ideas.



G-dcast

www.g-dcast.com

A animated short that explores the weekly Torah portion in an engaging and dynamic way.

